## 8-Think About It



Galatians 6:7-9

- 1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
- 2. When you think of a better life, what do you think of? What makes life better, or what do you really value when it comes to your life?
- 3. Read Galatians 6:7-9. Regarding verse 7, how do you think we can be deceived when trying to gain a better life? How does a focus solely on results miss the actual pathway to life (the process or seeds sown)?
- 4. Read Galatians 6:8 and 5:19-21. What are ways a person, and you specifically, may sow to the flesh? As you look at your own life, and some of the self-destruction you have caused, looking back, how can you see seeds sown earlier that brought you to that difficult end?
- 5. How might a person sow to the Spirit (Galatians 5:22-23)?
- 6. Read Galatians 6:9. How and why might a young person get tired of sowing to the Spirit and give up? In what ways are you becoming weary in doing good and you need this encouragement?
- 7. Alvin mentioned that often when we change our lives and start following Jesus (sowing to the Spirit), that we may for a time continue to reap the seeds we had been sowing in the flesh. The results may not show right away. Have you seen or experienced this? How does verse 9 encourage you?
- 8. What is one thing you will start doing and one thing you will stop doing as you consider sowing to the Spirit rather than the flesh?
- 9. Pray together.